







Questions? Please call
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March 2010

Beaverton Rural Primary School Breakfast Menu PARENT E-NEWSLETTER

“Want more information? Visit our website at www.eatlearnlive.com to sign up for Chartwells’ parent e-newsletter”

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast include: Fresh Fruit or 100% Fruit Juice and Skim White Milk!	<u>BREAKFAST</u> is <u>FREE</u> For <u>ALL</u> Primary Students		Parent Food Service Advisory Meeting March 1, 2010 2:00 pm At Beaverton High School Cafeteria
1  Blueberry Muffin Yogurt & Chocolate Milk OR Yogurt and Graham Crackers	2 Maple Syrup Snacknwaffles Apple Juice OR Yogurt and Graham Crackers	3 Scooby-Doo Graham Crackers with a Fresh Banana OR Yogurt and Graham Crackers	4 Yogurt with Cinnamon Graham Crackers OR Cereal and Graham Crackers	5 Nutri-Grain Cereal Bar with a Fresh Apple OR Yogurt and Graham Crackers
8 Chocolate Chip Pop Tarts with a Fresh Apple OR Yogurt and Graham Crackers	9 Pancake on a Stick Orange Juice OR Yogurt and Graham Crackers	10  Crispix Cereal Bowl Whole Wheat Bagel Half OR Yogurt and Graham Crackers	11 Apple Muffin with a Fresh Banana OR Yogurt and Graham Crackers	12 Teddy Grahams String Cheese OR Yogurt and Graham Crackers
15  Frosted Mini Wheats Blueberry Muffin Fresh Orange Skim White Milk OR Yogurt and Graham Crackers	16 Nutri-Grain Cereal Bar with a Fresh Apple OR Yogurt and Graham Crackers	17 Yogurt with Graham Crackers OR Cereal and Graham Crackers 	18 Sausage, Egg and Cheese Hot Pocket Apple Juice OR Yogurt and Graham Crackers	19 Scooby-Doo Graham Crackers with Applesauce OR Yogurt and Graham Crackers
22 Cinnamania Cinnamon Bites OR Yogurt and Graham Crackers	23 Strawberry Pop Tart with Graham Crackers Orange Juice OR Yogurt and Graham Crackers	24 Reduced Sugar Cinnamon Toast Crunch Cereal with a Fresh Apple OR Yogurt and Graham Crackers	25 Blueberry Mini Loaf with Cinnamony Applesauce OR Yogurt and Graham Crackers	26 Cinnamon Breakfast Square with a Fresh Banana OR Yogurt and Graham Crackers

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

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