





























**Beaverton Food Service**  
**Beaverton Primary School**  
**March 1, 2010 – March 26, 2010**  
Lunch \$1.50 Milk \$0.40 Reduced Meal \$0.40

Monday	Tuesday	Wednesday	Thursday	Friday
Parent Food Service Advisory Meeting March 1, 2010 2:00 pm At Beaverton High School Cafeteria				
1  Whole Grain Breaded White Meat Chicken Nuggets w/ Veggie Brown Rice Seasoned Green Beans Cinnamon Applesauce	2  Whole Wheat Pancakes Tater Tots Scrambled Eggs & Turkey Sausage Warm Cherry Topping Apple Juice	3  Chicken Fajitas Made w/ White Meat Chicken Golden Seasoned Corn Savory Fresh Southwest Salsa Chilled Mandarin Oranges	4 Barbecued Chicken Sandwich  Diced White Meat Chicken in Homemade Honey BBQ Sauce served in a Whole Wheat Bun Vegetarian Baked Beans Carrot Sticks	5  Cheese or Pepperoni Pizza Steamed Vegetable Blend Pineapple Chunks in Natural Juice
8  Breaded Chicken Sandwich Baked Tater Tots Carrot Sticks Sweet Chewy Dried Cherries	9  Nachos Taco Meat, Fiesta Rice Mexican Corn Fresh Orange Wedges or Fresh Apples	10  Hot Dog on a Bun w/ Oven Baked Fries Seasoned Peas & Carrots Vegetable Pasta Salad Chilled Applesauce	11  Sloppy Joe Slyders Mildly BBQ seasoned meat on mini whole grain rolls Seasoned Green Beans Celery Sticks Cool Vanilla Mint Pineapples	12  Cheese or Pepperoni Pizza Corn on the Cob Petite Bananas
15  Chinese Chicken w/ Pineapple w/ Brown Veggie Rice & Fortune Cookie Steamed Oriental Blend Veggies Chilled Mandarin Oranges	16  Carved Roast Turkey w/ homemade gravy & fresh sliced whole wheat bread Mashed Potatoes Seasoned Green Beans Fresh Grapes Cinnamon Applesauce	17  Pasta & Italian Meat Sauce Baby Carrots Fresh Peas Chilled Mixed Up Fruit  <b>Happy St. Patrick's Day!</b>	18 Mini Pancakes w/ Scrambled Eggs Crispy Tater Tots Turkey Sausage Warm Apple Topping Orange Juice	19  Cheese or Pepperoni Pizza Seasoned Peas Fresh Orange Smiles Broccoli "Trees" & Baby Carrots
22  Baked Breaded Chicken Nuggets w/ Cornbread Seasoned Broccoli Cherry Crisp	23 Cheesy Macaroni Made w/ Barilla PLUS Fresh Winter Blend Vegetable Medley Pineapple Chunks in Natural Juice	24  Beef Ravioli & Meat Sauce w/ Wheat Bread Seasoned Green Beans Peach Crisp Chilled Mandarin Oranges	25 Reduced Fat Bosco Sticks with Marinara Dipping Sauce Sweet Corn Apricot Applesauce Warm Baked Apples	26  Cheese or Pepperoni Pizza Fresh Steamed Carrots Chilled Mixed Up Fruit Fresh Orange Wedges or Fresh Apples
<u>Alternate Lunches</u>				
Daily:  Turkey and Cheese on Whole Wheat Bread, Carrot sticks, Fresh Fruit and Choice of Milk				
Chef Salad with  Crackers, Low Fat Ranch Dressing, and Choice of Milk				
<b>Mondays:</b> Yogurt & Cracker Stackers Fun Lunch (Yogurt Cup, Ham, Cheese, Crackers), Baby Carrots, Fruit, and Milk	<b>Tuesdays:</b> Cold Pizza Bagel Fun Lunch (Bagel, Pizza Sauce & Shredded Cheese), Fruit, and Milk	<b>Wednesdays:</b> Cereal Fun Lunch:  Golden Grahams or Frosted Mini Wheats Cereal* w/ Hard Boiled Egg, Fruit, 100% Fruit Juice Punch, and Milk	<b>Thursdays:</b>  Balanced Choices Meal: Junior Ham & Cheese Sub w/ Animal Crackers, Fresh Cut Oranges, Apple Juice, and Milk	<b>Fridays:</b> Cold Nachos Fun Lunch:  Crispy Tortilla Shell Rounds* w/ Shredded Cheddar, Salsa, Fruit, and Milk

 \*This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Low Fat Chocolate, and Low Fat Strawberry

**Menu Questions or Comments? Please contact Lacie Curns, (989) 246-3378**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.