

Goal 1: *To increase perceived harm in ATOD use by 8%*

Outcome: *6.1 increase in perceived harm in ATOD use.*

Population served:

Elementary Students (4th and 5th grade) 204

Middle School Students (6th-8th grade) 306

High School Students (9th-12th) 256

Programs presented:

Central Michigan Counseling Services: CMCS provided substance abuse counseling services. Students participated in the Adolescent Substance Abuse Risk Reduction Group Program and/or received private, individual counseling. Families attended and participated in “Life Skills Training (Gilbert Botvin)” and “Strengthening Families Programs: Program for Parents and Youth”. There was a significant decrease in the number of students and families that participated in this program this year. Because of the small sample size, the outcomes of the SDFSCA evaluations were not included in the overall percentage of change. The results did indicate a positive increase in perceived harm in ATOD use and a decrease in ATOD use, however.

Too Smart to Start: There were 43 7th-8th grade students who participated in Club Pride/Pride of America through Too Smart to Start during the year for a total of 15 hours per group. The SDFSCA pre/post evaluation instrument was used. There was an increase of 16 % perceived harm in ATOD and a 0 % decrease in use. The leader felt that most of the students that participated did not use ATOD, resulting in the 0 % decrease in use. The students that participated in the program reported that the group prevented them from experimenting with ATOD use and encouraged them to attempt to influence their friends not to use or begin using ATOD either. Their leader states that not only have these students learned a lot about drugs, the performances have increased their awareness and they realized that they can have a positive influence on their peers and younger students. Suggestions for improvement with the group are to continue to spend more time on instructional presentation and less time on preparation of skits, songs, and programs for the younger students.

Class Action: A Prevention Substance Abuse Educator from Ten Sixteen Recovery Network presented the Class Action program to 10th grade students through their World History classes at the high school. The SDFSCA evaluation instrument was used; however, the pre-test data was irretrievable. Therefore, a change in perceived harm and actual use of ATOD is not available for this year. This may have impacted the overall actual change in percentage for this goal. The instructor felt that students were much more engaged in the process than in past years and that there was positive change that took place, despite the lack of the survey data.

Project Success: : A Prevention Substance Abuse Educator from Ten Sixteen Recovery Network presented the Project Success program to 9th grade students through their

Health classes at the high school. SDFSCA evaluation instrument was used as the pre/post survey. There was a 1.9 % increase of perceived harm in ATOD and a 0.6 % increase in use of ATOD reported. There was some indication that some students had over-reported their use of ATOD, perhaps accounting for the overall increase in use.

Project Alert: A Prevention Substance Abuse Educator from Ten Sixteen Recovery Network presented the Project Alert program to all 7th grade students at the Middle School. Booster lessons were presented to all 8th grade students as they had been through the program as 7th graders last year. The SDFSCA pre/post evaluation instrument was used. There was a 5.9 % increase in the perceived harm in ATOD and a 0.8 % increase in use of ATOD reported. There was some indication that some students had over-reported their use of ATOD, perhaps accounting for the overall increase in use.

Protecting You/Protecting Me: This program was presented to all 4th-6th grade students. The evaluation instrument provided by Protecting You/Protecting Me was used to determine the effectiveness of this program. There was an increase of perceived harm in ATOD of 0.49% overall. The 5th and 6th grade students had been introduced to the program last year, so that may have contributed to the only slight increase in perceived harm. Overall, students already had perceived ATOD use as harmful and risky behavior. This program continues to get positive feedback from both teachers and students as a valuable part of their education.

Goal 2: *To increase recognition of positive ways to avoid violent or aggressive behavior by 7%*

Outcome: *n/a*

Population served:

Elementary 0

Middle School Students (6th-8th grade) 0

High School Students (9th-12th) 9

Programs presented:

Aggression Replacement Training: 9 high school students participated in anger management groups. 66 % of these students reported that after participating in the group they are able to recognize and handle their aggression better; 88% of the students participating were able to identify specific positive ways to handle aggressive behaviors. The SDFSCA evaluation instrument was given and the results showed a -9% change in violent behaviors and -2.5% change attitudes. Because this was the only program implemented and the sample size was so small, the SDFS Advisory Committee did not feel it was appropriate to use this to report actual change in violence attitude percentage.

Second Step: This program was not presented to the middle school students as planned for lack of an instructor and a different program was again presented to the targeted grades.

Because of the lack of participation in programming for this goal and the other programming that has been implemented district-wide, the SDFS Advisory Committee will be re-evaluating and revising this goal for the 2009-2010 school year.